



2024 Spring (May-June) Gateway Academy

May 19 - June 16, 2024

Gateway Academy is an accelerated program into Figure Skating and is by invitation only. Skaters must be under the age of 9.

ON-Ice Fundamentals

- Jumping
- Spinning
- Theatre on Ice
- Field Moves
- Edges & Turns

OFF-Ice Fundamentals

- Body Awareness
- Dryland Jumping
- Fitness
- Dance
- Creative Movement

This program promotes:

- Self-discipline
- Confidence
- Competitive Drive
- Team Spirit
- Fun & Enjoyment

PACKAGES & PRICING

2 Day: Tues/Thurs	\$160.00
2 Day: Sun/Tues OR Sun/Thurs	\$180.00
3-Day: Sun/Tues/Thurs	\$260.00

Skate Canada Membership Fee of \$58.65 will be added to all Gateway Academy registrations.

Valid from September 1, 2023 - August 31, 2024.

SCHEDULE & LOCATION

Tuesday Mill Woods A	Thursday Mill Woods B	Sunday Meadows West/East
5:45-7:30	4:45-6:30	12:30 - 2:15 pm
5:45-6:15 OFF ice 6:30-7:30 ON ice	4:45-5:30 OFF ice 5:45-6:30 ON ice	12:30-1:15 OFF ice 1:30-2:15 ON ice

* Skaters must select a **minimum of two days**.

EQUIPMENT

- Figure skates, guards for skates, gloves, skating attire (fitted clothing), running shoes, yoga mat.

NOTES

- Schedules are subject to change at any time. Please check the Events Calendar on the website regularly for changes.
- Register online through your Uplifter account at www.gatewayskatingclub.org.
- DEADLINE to register is **May 12**.
- See Calendar below.



For further inquiries, contact Nathan Chung at nathann1600@gmail.com

MAY/JUNE 2024



SUN MON TUE WED THU FRI SAT

<p>MAY 19</p> <p>12:30-1:15 OFF ice 1:30-2:15 ON ice Meadows WEST</p>	<p>20</p>	<p>21</p> <p>5:45-6:15 OFF ice 6:30-7:30 ON ice Mill Woods A</p>	<p>22</p>	<p>23</p> <p>4:45-5:30 OFF ice 5:45-6:30 ON ice Mill Woods B</p>	<p>24</p>	<p>25</p>
<p>26</p> <p>12:30-1:15 OFF ice 1:30-2:15 ON ice Meadows WEST</p>	<p>27</p>	<p>28</p> <p>5:45-6:15 OFF ice 6:30-7:30 ON ice Mill Woods A</p>	<p>29</p>	<p>30</p> <p>4:45-5:30 OFF ice 5:45-6:30 ON ice Mill Woods B</p>	<p>31</p>	<p>JUNE 1</p>
<p>02</p> <p>12:30-1:15 OFF ice 1:30-2:15 ON ice Meadows WEST</p>	<p>03</p>	<p>04</p> <p>5:45-6:15 OFF ice 6:30-7:30 ON ice Mill Woods A <i>Showcase</i></p>	<p>05</p>	<p>06</p> <p>4:45-5:30 OFF ice 5:45-6:30 ON ice Mill Woods B</p>	<p>07</p>	<p>08</p>
<p>09</p> <p>12:30-1:15 OFF ice 1:30-2:15 ON ice Meadows WEST</p>	<p>10</p>	<p>11</p> <p>5:45-6:15 OFF ice 6:30-7:30 ON ice Mill Woods A <u>LAST TUESDAY</u></p>	<p>12</p>	<p>13</p> <p>4:45-5:30 OFF ice 5:45-6:30 ON ice Mill Woods B <u>LAST THURSDAY</u></p>	<p>14</p>	<p>15</p>
<p>16</p> <p>12:30-1:15 OFF ice 1:30-2:15 ON ice Meadows EAST <u>LAST SUNDAY</u></p>	<p>17</p>	<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>